



**Location:** Break Espresso

**Time:** 8pm

**Date:** November 5th, 2019

**Members Present:** Callie Morris, Jack Stob, Dylan Dwyer, Drew Novak Daniel Duensing, Nic Sibson, Daniel Curry, Aerial Martens, Maria Zepeda, Tom Berich, Kyle Curtis, Matt Heimel, Jocie Collins, Chad, Chase

**Question: What would you like to see more of?**

- More safe venues
- More collaboration in general
- Collaboration between university and community genre and cross across different arts.
- More decoration of instruments - customizing instruments
- Greater sense of community
- In light of bigger things happening, there are still local things - but MORE OF DAT!
- More creative flow in collaborations
  - Drum circles, impromptu
- More opportunity for professional grade recording at a decent price

**MAMA Update:**

- Amended name to the Montana Area Music Association and hope to have different chapters
  - Bozeman, billings, flathead valley, Helena
- Education committee: Chris Hyslop, Heather Adams & Dr. Randall
  - Creating different workshops
  - Trial run in the spring
  - Businesses can sponsor students to take the course
  - Potential credit from university
- We are under Arts Missoula Fiscal Sponsorship
- Once the Education committee is created it will allow for us to pursue the next step of the 501c3 status.

- Encourage people to be on our mailing list - that's how we get any information out to people.
- Self care December:
  - First Tuesday - MAMA meeting topic: Self Care
  - Mind - Bryan Jae
  - Body - Heather Adams
  - Spirit - Dwayne Parton & Love Missoula
  - First Night Missoula
- Songwriters Circle: Missoula is taking over November 29th, 7pm @ Wave and Circuit

### **LIKE AND SHARE MAMA and our EVENTS!**

- Meet Your MAMA on November 15th at the ZACC
  - Part of our mission is to make sure musicians are getting paid a fair wage & noticed value
- Meet Your BABY MAMA will be at the food zoo at 5:30 with an after party at GILD at 8.
- MAMA is still looking for a home space - that is centrally located.
- Starting at the beginning of January we will hold our meetings at the Senior center the first Tuesday of every month at 7am and 8pm.
- **Potential topic:** thoughts on inspiration vs. copywriting?

### **Q & A on songwriting:**

- What is your best way of dealing with writing block?
  - Good artists can copy, but great artists can steal
  - Whenever you feel one thought diminishing try and focus on the opposite of that thought.
  - Feeling and seeing transitions in music and implementing that in songwriting
  - "Deaf music" has rhythms visually displayed
  - If vibe and lyrics don't mix it will just make for an awkward song
- What are some influences songwriting lyrically or instrumentally?
  - Writing about your own life and writing as a challenge will write about the stories of other people that you know
  - Having flow between words and melody - nonsense
  - Playing a game while driving using different signs and things you see. By the end of the drive you may have a song!
  - If you have that thought that your music - remember: Most songs on the radio have 'stupid' lyrics!

- Question: do you write lyrics or melodic line?
- Pick a situation and take it to put more vague words or situation to it -  
Make a situation more universal!
- Utilizing technology - create a loop or groove and write over that!
- When writing lyrics do you take yourself seriously?
  - Are sillier or serious lyrics easier?
  - Keeping the energy to bring to that song. If you start happy try to stay happy.
- Lucid dreaming and sleep
  - Many people wake up and sing melody's or write down lyrics
- How do you stay in your flow once you start?
  - Taking a break & taking a walk
  - The artist way - a course that recommends keeping a notebook by your bed and write down the first thing that you think.
  - Shifting from one creative medium to another - if you're writing try drawing.
  - Don't force it!
  - Creating an intentional brain map space
    - Magazines everywhere, make a mess and that's okay!
  - If you know what space you need - set up the space before hand.
- At what age did you start writing?
  - 13
  - 19
  - 20
  - 25